

DAY'S SCHEDULE

9.15am Registration

10am Presentations begin
(including mid-morning break)

1pm-2pm LUNCH

2.45pm Presentations conclude
with Awards Ceremony

3pm AGM

Finish around 4pm

ADDRESS

Radisson Blu Hotel, Athlone, Co. Westmeath



START DAY 9.15AM
ENTRY FEE €35

Entry Fee includes annual membership fee
Tea/Coffee/Scones and lunch included

Please monitor your email inboxes for the
nomination form for this year's special
recognition awards!

16TH MAY 2025

IAPO EDUCATION DAY

Irish Association of Prosthetists and Orthotists



SPEAKERS

CAITRIONA HEALY AND CHRISTOPHER WALKER



Chris is a physiotherapist with Ottobock Ireland and has experience working in Ireland, Australia, and the UK. Over the past 10 years,

Chris has focused on disability and rehabilitation. Chris's primary professional interest is physiotherapy within the limb absence community. Chris will discuss: "Breaking down barriers - What are the core things a physiotherapist or CPO need to know when working together?"

Chris will be joined by Caitriona, a Clinical Specialist Physiotherapist with expertise in orthotics/prosthetics, MSK, and myofascial release therapy. She previously ran a combined physio and orthotist Foot Clinic for the HSE and has been with the APOS team for 3 years. Caitriona is also a certified Pilates instructor. Caitriona will discuss "Core Stability: its essential role in optimal biomechanics and function."

GARETH LEWIS



Discusses an indicative survey of computer aided design (CAD) use in Transtibial Shape Capture performed among prosthetists in high income countries.

Looking at the use of CAD, perceived benefits and drawbacks and what impacts on the use of CAD. Also looking at the perceived outcomes of CAD.

GRÁINNE STAUNTON



A qualified orthotist Gráinne spent several years in public and private clinical settings before setting up her own holistic practice. Drawing from reflexology, kinesiology and EFT (Emotional Freedom Techniques) Gráinne will introduce simple, practical tools that support nervous system regulation and stress relief – both for clinicians and clients. This session will offer an opportunity to explore techniques that can be integrated into daily life and support wellbeing.

EMMA BUFFINI AND JIMMY DWYER



First year apprentices Emma and Jimmy with University of Derby and APOS Ltd. share their experiences of their first year of the program and highlights from the year. This apprenticeship is a new route available in the UK and Ireland for those who are interested in Prosthetics and Orthotics to become qualified clinicians.

“Raising the profile of Prosthetists and Orthotists in Ireland”

- IAPO -